

PARENT & LEARNER HANDBOOK

2024-25 HOMESCHOOLING YEAR



By Goddess Unlocked

Our Mission

Gaia's Little Guardians is designed to foster a magical and nurturing learning environment where children can explore and grow both academically and spiritually. We blend traditional educational topics with holistic and mystical practices, creating a unique experience that encourages children to connect with nature, embrace their creativity, and explore their spiritual paths. Our goal is to support each child's individual journey, helping them to develop confidence, curiosity, and a deep respect for the world around them.

Policies and Procedures

Technology and Screen-Time Policy:

- We focus on meaningful, interactive engagement over passive screen time to foster genuine connections and reduce distractions.
- Screen sharing of video games, including titles like Roblox or Fortnite, is not allowed during freeplay/chatting times, including Social Club or Book Club
- iPads and other tablets should be used exclusively for accessing the Zoom call, not for other activities, during club time.

Student Behavior Expectations:

- Treat instructors, fellow students, and oneself with respect and kindness at all times. Disrespectful language or behavior is not tolerated. There are no warnings for any behavior that is deemed harmful to other children, to ensure the safety of everyone.
- Listen attentively when others are speaking and respond with consideration.
- Work cooperatively in group settings, respecting the ideas and contributions of others.

Parental Involvement: Parents are encouraged to be as present as they desire in their students spiritual journey within Gaia's Little Guardians. Honoring their space when needed, and supporting them to the best of your abilities.

Confidentiality and Privacy:

To ensure the safety and privacy of all participants,

- Children should not share personal information such as their last name or location during live calls.
- Please include first names or nicknames only on the profile your student is using for live calls.
- Links to meetings may not be shared with anyone.

Age Group Guidelines and Advancement

Ages are just suggestions. Homeschooling is such a unique experience. Place your learner where YOU feel they are most likely to thrive. We can always make adjustments. If these are all brand new concepts, feel free to go off your child's age that they will be turning during the 2024-25 homeschooling year.

Seekers (Ages 4-6): The Seekers program offers an engaging mix of imaginative play, nature discovery, and advanced early learning. Our curriculum is designed to fuel curiosity and challenge young minds with activities that enhance critical thinking and problem-solving. Through storytelling, role-play, dance and interactive games, we develop focus, emotional understanding, and mindfulness. Nature exploration is a key part of our approach, deepening children's appreciation for the environment. Guardian participation enhances this experience, creating shared learning moments. The Seekers program sets a strong foundation for creativity, self-awareness, and a lifelong love of learning.

Voyagers (Ages 7-10): The Voyagers group delves deep into a world of discovery and learning. This program enhances children's understanding of diverse subjects, blending foundational magical practices with more intricate arts and crafts. Here, children are encouraged to explore and question, fostering a deeper comprehension of academic topics through hands-on learning and interactive activities. The introduction of basic magical concepts allows them to connect with natural and mystical elements, enriching their learning experience. The Voyagers group also emphasizes social and cooperative learning, providing opportunities for team-building, problem-solving, and effective communication, vital skills for this developmental stage.

Navigators (Ages 11-15): The Navigators program, catering to pre-teens and teens, is designed to challenge and engage students with advanced subjects and intricate magical practices. It provides a dynamic environment for creative writing, ethical discussions, and an exploration of history from alternative perspectives. This group delves into more sophisticated magical concepts, fostering a deeper understanding and ethical approach to mystical practices. The Navigators also engage in in-depth discussions and projects that encourage critical thinking, personal expression, and a nuanced understanding of various worldviews. This program aims to equip older students with the tools for self-expression, critical analysis, and a deeper appreciation for the interconnectedness of history, ethics, and the magical world.

Advancement Policy:

We believe in nurturing each child's individual capabilities. If your child needs an accommodation for any learning challenges or if your child has gifted abilities, and you believe they may benefit from joining a vastly different age group, we encourage you to discuss this with us. Our approach is to carefully evaluate and place students in the group where they can thrive most. We aim to avoid moving a child down a level to prevent any negative impact on their confidence. If there's any doubt, we recommend starting in the lower age group, as we can always consider advancement mid-program based on the child's comfort and performance.

Course List (Seekers)

Yoga Tots



This class is a gentle introduction to the world of yoga and mindfulness tailored specifically for young children. It combines simple, child-friendly yoga poses with fun stories and themes that engage their imagination. Mindfulness activities are woven into the class, teaching kids how to recognize their emotions, practice deep breathing, and develop a sense of body awareness.

Mondays - 10:30am-10:55am

Imagine & Explore



This class engages young children's curiosity through thematic adventures, like magical forests or starry skies. Using imaginative play, simple creative activities, and interactive storytelling, it nurtures creative thinking, intuition, problem-solving, and imagination. Children also learn to share their ideas, boosting their communication skills and self-expression confidence.

Wednesdays - 10:30am - 11:00am

Nature Detectives



This unique virtual class takes children on nature exploration, experienced right from their backyards or nearby natural relaxing settings. Guided by parent participation, each session becomes a shared adventure of discovery, where kids can show and tell about their outdoor finds, exploring and learning together about the natural world. This interactive approach fosters a sense of community and connection with nature, even from a distance. Guardians can use this time to connect with other like-minded guardians. This is open family time, within Gaia's Little Guardians

2nd Tuesday of The Month - 12 - 12:45PM

EcoArt



In Eco Art, we turn nature and everyday household items into beautiful art pieces. This class encourages creativity and resourcefulness, showing kids how to see the artistic potential in common objects and natural elements around them. It's a journey of discovery, blending ecological awareness with artistic expression. This is a shared class with our Voyagers (7-10)

Fridays - 10:45am - 11:30 am

All drop-ins must be registered students.

Course List (Voyagers)

Mindfulness & Movement



This class invites young Voyagers into a world where movement and mindfulness meet magic. Each session is a playful adventure featuring a variety of activities - from dance and creative movement to yoga and imaginative play. Children explore different ways to express themselves physically while also engaging in mindfulness practices like focused breathing, short meditations, and sensory exploration.

Mondays - 9:30am - 10:15am

Book Club



In the Voyagers' Book Club, young readers delve into a world of imagination and adventure. Each month, they explore a new book, chosen to spark curiosity and open discussions. The club focuses on themes like friendship, courage, and magic, encouraging kids to share their thoughts and develop a deeper understanding of the stories. Interactive activities related to the book, like character role-play or creative writing, make each session lively and engaging, fostering a love for reading and group discussion.

1st Tuesday 4:00pm-4:45pm

Voyagers Social Club



The Voyagers' Social Club is a vibrant and engaging space where kids come together to build friendships and social skills through a variety of interactive activities. Each session is designed to encourage communication, cooperation, and fun, with games, group challenges, and creative projects. It's all about making real connections, learning teamwork, and enjoying shared experiences, fostering a strong sense of community and belonging among the Voyagers.

Thursday - 12:00pm - 1:00pm

Classes are blended and split into monitored breakout rooms

EcoArt



In Eco Art, we turn nature and everyday household items into beautiful art pieces. This class encourages creativity and resourcefulness, showing kids how to see the artistic potential in common objects and natural elements around them. It's a journey of discovery, blending ecological awareness with artistic expression. This is a shared class with our Seekers (4-6)

Friday - 10:45am-11:30am

Course List (Voyagers)



Stagescript: Enchanted Play-reading

This class provides a welcoming and encouraging environment for readers at different proficiency levels. Children have the opportunity to select their roles and portray scenes, with many scenes showcasing gods and goddesses from diverse backgrounds. We highly recommend sharing your learners' interests with us so we can tailor our classes accordingly.

**Reading is important for this class, but speed is not a concern. If additional assistance is needed, support is readily available.

Mondays - 11:15am - 12:00pm



Gaia's Little Mystics: Intro to Magick

This class introduces the wondrous world of magic through engaging and hands-on practices. Focusing on the fundamentals like energy work, nature's rhythms, and simple ritual creation, it aims to awaken a sense of wonder and a deeper appreciation of the unseen world.

Activities are designed to be immersive and thought-provoking, encouraging ethical understanding and a connection to natural magic.

Wednesdays - 12:15pm - 1:00pm



Pixie Planters: Herbology Class

This class allows children to step into the world of plants and herbs through the eyes of forest pixies. They learn about different herbs, their uses, and how to care for plants. The class combines practical skills with an understanding of the magical properties of herbs, introducing concepts like making simple herbal sachets or understanding the folklore behind certain plants. It's a blend of hands-on activities and imaginative learning, encouraging a deeper connection with nature.

Wednesdays - 1:15pm - 1:45pm

All drop-ins must be registered students.

Course List (Navigators)



Life-Skills & Awareness

This class is designed to equip young minds with essential life skills and increase their awareness of the world around them. We cover a diverse range of topics, from basic safety to environmental awareness and sustainable living practices. Interactive sessions on financial literacy, public speaking, and effective communication are included to help students develop confidence and independence. Through practical activities and engaging discussions, students learn not only how to take care of themselves but also how to be responsible and informed members of their communities.

TBD by interest -



Gaia's Mystics: Magick 1

This class unveils the art of dream weaving, exploring spiritual histories and traditions, delving into mystical arts, and understanding the principles of energy alchemy. Each session weaves together practical activities, storytelling rooted in spiritual history, and ethical considerations, creating a captivating and respectful exploration of diverse ancient spiritual practices. It's a world where each tale and tradition is treated as a window into understanding the profound connections between humans, nature, and the spiritual realm.

Mondays - 12:15pm - 1:00pm



Beyond the Foundation: Magick 2

This class delves into the heart of magick and spellcrafting. In this class, Navigators connect with the Earth's energies, learning how to craft spells that harmonize with nature's rhythms. Sessions blend eco-conscious practices with the creation of personal spells, fostering a deep respect for nature and an understanding of ethical magical work. It's a journey into the essence of Earth-based practices, where students learn to weave magic that nurtures and protects the natural world. *Must be enrolled in Magick 1. This class adds to the foundation.

Wednesdays - 11:15am - 12:00pm



Spiritual Histories & Sacred Languages

This class explores the rich spiritual histories and sacred languages that form the backbone of many polytheistic traditions. Students engage with these traditions not as myths, but as living histories and wisdom passed down through generations. The study of sacred languages, like Elder Futhark and Sanskrit, complements this exploration, providing a deeper understanding of the texts and rituals of these spiritual paths.

Fridays - 12:45pm - 1:30pm

Course List (Navigators)

Mind, Body, Wellness for Teens



This class is a nurturing space for teens to explore and enhance their overall well-being. It combines physical wellness activities, like yoga and mindful movement, with mental wellness practices, including meditation and stress-reducing techniques. Discussions and activities focus on self-care, body positivity, and emotional resilience, addressing the unique challenges teens face. The goal is to empower them with tools for maintaining balance and confidence in their daily lives.

2nd & 4th Thursday - 11:00 - 11:45am

Navigators Book Club



The Navigators' Book Club offers a space for teens to engage with literature on a deeper level. Discussions in the club are geared towards critical thinking, personal connections to the stories, and understanding broader themes. It's an environment that encourages open dialogue, diverse perspectives, and a deeper appreciation for the written word, helping teens develop analytical skills and empathy through reading.

3rd Tuesday of each month - 4:00pm - 4:45pm

Navigators Social Club



The Navigators' Social Club is a vibrant and engaging space where pre-teens and teens come together to build friendships and social skills. Each session is designed to encourage communication, cooperation, and fun, with games, group challenges, and creative projects. This safe space is designed for spiritual & polytheistic students to feel open to express themselves without worry of being judged. With open-minded peers, this class helps foster a strong sense of community and belonging amongst the students.

Thursdays - 12:00pm - 1:00pm

Course List (Navigators)



Artistic Visions

Artistic Visions is a creative space where Navigators engage in drawing and painting, inspired by various prompts. This class encourages free expression, as students create their own interpretations of each prompt while participating in open discussions. It's a place for imagination, individual style, and thoughtful conversation, fostering artistic growth and self-expression in a supportive environment.

Fridays - 9:45am-10:30am



WordWeaving: Creative Writing

This class offers a creative sanctuary where budding writers delve into the art of storytelling and poetry. Each week, they tackle new themes and styles, from crafting mystical tales to composing heartfelt poems. The class is rich with imaginative exercises, group brainstorming, and interactive discussions, allowing Navigators to expand their literary horizons and develop a strong, authentic writing voice. It's a space where words create worlds and every story is an adventure.

TBD by interest

All drop-ins must be registered students.